

# Over the Fence

## CONGRATULATIONS TO THE CLASS OF 2016

Three hundred thirty-five students have now joined the ranks of Fraser High School alumni. Graduates, family, friends, staff and administrators came together on Saturday, June 11 at Mt. Zion in Clarkston for the Commencement Ceremony.

The graduates filed in while the Fraser High School Bands played "Processional Fanfare" and "Pomp and Circumstance" under the direction of Mr. James Rodgers. Senior Lauren Cichocki sang the national anthem. Dr. Michael Lonze gave opening remarks, followed by two selections from the Fraser Singers and A Cappella Choir.

This year, three students shared the role of valedictorian — Ashely Cotey, Emma Nicholson and Sherin Shkoukani. They each addressed their classmates and offered encouraging words for the future.

Ashley Cotey reminded the graduates of the motto, "Life is a Song." "I encourage you, Class of 2016, to write your own song, compose your future. Make your life that song you could listen to on any day on repeat. Make your life that song that breaks records and tops the charts."

Emma Nicholson addressed the crowd next, and compared the four years of high school to each year's homecoming theme. This year's

theme was fairy tales and the seniors chose "Alice in Wonderland." "Senior year, your life gets flipped upside-down. There are many bumps — or holes — in the road. It is filled

with twists and turns, and you just want it to be over. But through all the madness, your eyes are opened to a brand new world as you start to see the light at the end of the tunnel."

Finally, Sherin Shkoukani stepped up to the podium. "Today is the beginning of many beginnings: beginning of adult life, beginning of college, beginning of the military, beginning of a career," she told the crowd.

"Class of 2016, take the lessons that we learned, and the memories that we created, and know that Fraser High School will always be part of our new beginning."

Board of Education President Gerard Gauthier and Superintendent Dr. David Richards gave final words of encouragement to the graduates before the presentation of diplomas. Once every student was recognized and walked across the stage to receive their diploma, Senior Class President Jillian Russ and Student Council President Alyssa Vodak jointly addressed their classmates and instructed them to turn their tassels and officially become Fraser High School graduates. Congratulations to the Class of 2016!



## SUPERINTENDENT'S MESSAGE

Dear Fraser Families,



What an incredible school year this has been! It's hard to believe it is wrapping up already and the Class of 2016 has closed the book on its final chapter at Fraser High School. As we look back on this year, we have so many successes to celebrate — from the incredible participation of our Science and Social Studies Olympiad students, to our 240+ member FHS Marching Band, our state qualifiers in athletics, and our increased academic rankings among school districts in Macomb County.

Throughout the newsletters for this school year, I have reflected on what it means to be a part of the "Fraser Family." Wrapping up the school year and celebrating our students as they prepare to move to the next level is a great reminder of what makes Fraser so special. Whether the students are transitioning from elementary to middle school, middle school to high school, or high school to college or career experiences, our kids have made us proud through their effort and determination.

As superintendent, I am so proud of the work being done by our students and staff as we continue to transition our District and classrooms. Our shift to a competency-based learning model — where students are given the freedom to advance through school based upon their demonstrating mastery in a particular subject area — has caught the attention of school districts from across the State of Michigan and the Michigan Department of Education. Fraser is once again viewed as a model for student learning that is forward thinking and innovative. Our focus in this shift is simple: we want to provide every student with the opportunity to be successful academically, emotionally and socially.

In closing out this school year, I want to express my sincere appreciation to our community, staff and our entire Fraser Family for your ongoing support of our District. We are truly blessed to have such an amazing environment for our kids to learn and grow as young adults.

Be safe this summer and be sure to find time to relax, laugh, and create wonderful memories with family and friends.

With Fraser Pride,  
**Dr. Richards**

### CLASS SPONSORS

Megan Packey and  
Heather Carrigan

### CLASS FLOWER

Rose

### CLASS MOTTO

"Our lives are before us,  
the past is behind us,  
but our memories are  
forever with us."

### CLASS COLORS

Aqua Blue, Silver and White

### CLASS SONG

"We're All in This Together"  
— High School Musical



# BEST OF THE BEST 2016



**ASHLEY COTEY**  
CO-VALEDICTORIAN

**Parents' Names:** Mariann and John Cotey  
**College Plans:** Considering Michigan State University or potentially Wayne State

**Future Field of Study:** Industrial Engineering

**Person(s) Who Most Inspired You to Academic Achievement:** My parents inspired me to work really hard in school so I could have a successful college experience and career. They never stopped encouraging and supporting me.

**High School Activities:** Marching Band, National Honor Society, Tri-M, Flute Choir, Fraser Theater, Fraser Singers, Symphony Band

**Out-of-School Activities:** Private flute lessons, both taking and teaching

**Most Memorable High School Experience:** The award night on the band and choir trip to Nashville was my favorite experience of high school. FHS swept the floor, taking home 15 awards total! I was proud to be a Rambler that night.

**Awards Won In and Out of High School During the Past Four Years:** FHS 2016 Math Student of the Year, Star Section Leader (2014 and 2015), Responsibility Award (2012) and Leadership Award (2013)

**Closing Thoughts About Your High School Experience or Hopes for the Future:** High school has been a great four years loaded with homework and studying, but also with good friends, extracurriculars and other fun experiences. I hope to carry on my studies and social life to college and, later, my career. High school has taught me a lot of lessons that were more than just the curriculum, and I can't wait to expand my knowledge in the future!



**EMMA NICHOLSON**  
CO-VALEDICTORIAN

**Parents' Names:** Dan and Colette Nicholson

**College Plans:** Michigan State University or Grand Valley State University

**Future Field of Study:** Athletic Training

**Person(s) Who Most Inspired You to Academic Achievement:** Mom and Dad

**High School Activities:** Family, Career, Community Leaders of America (FCCLA) Secretary, National Tech Honor Society, Student Council

**Out-of-School Activities:** Competitive gymnastics

**Most Memorable High School Experience:** Senior year football games

**Awards Won In and Out of High School During the Past Four Years:** 2016 Science Student of the Year, Gymnastics Awards: Drive and Dedication Award (2013); Leadership Award (2014 and 2015), Hardest Worker (2015)

**Closing Thoughts About Your High School Experience or Hopes for the Future:** I hope to use the skills I learned through high school to help me succeed in the future.



**SHERIN SHKOUKANI**  
CO-VALEDICTORIAN

**Parents' Names:** Jamal and Samira Shkoukani

**College Plans:** Oakland University

**Future Field of Study:** International Business

**High School Activities:** Family, Career, Community Leaders of America (FCCLA) Vice-President of Public Relations, National Tech Honor Society (Vice-President), Business Professionals of America, Powderpuff

**Out-of-School Activities:** Relay For Life

**Most Memorable High School Experience:** All the homecoming games and spirit week activities, as well as Powderpuff

**Awards Won In and Out of High School During the Past Four Years:** Gold award at FCCLA state competition on entrepreneurship project; award received at Northwood University for best teamwork at a weeklong business camp; Business Student of the Year

**Closing Thoughts About Your High School Experience or Hopes for the Future:** High school has been the most memorable experience in my life. I've learned and grown into the person that I am today from all the experiences. I am beyond excited for the next chapter of my life, as this milestone is coming to an end.



**BAILEY ABNEY**  
SALUTATORIAN

**Parents' Names:** Theresa and Russell Abney

**College Plans:** University of Michigan, Ann Arbor

**Future Field of Study:** Physician's Assistant

**Person(s) Who Most Inspired You to Academic Achievement:** My mom, as well as Mrs. Woods and Mrs. Tallman, my calculus teacher at MMSTC

**High School Activities:** National Honor Society

**Out-of-School Activities:** Junior Leadership Macomb, First Baptist Church Student Ministry, C2 Drama Group, dance classes at Knapp School of Dance (as a freshman and sophomore), vacation bible school leader, volunteer at Hope Center Macomb

**Most Memorable High School Experience:** Winning the MMSTC Senior Science Fair

**Awards Won In and Out of High School During the Past Four Years:** Featured in Macomb Now Magazine for high school excellence; 1st Place Winner (Chemistry) in the 2016 Senior Science Fair at MMSTC; Excellence Award at the Science and Engineering Fair of Metropolitan Detroit

**Closing Thoughts About Your High School Experience or Hopes for the Future:** During high school, I have been able to take advantage of many opportunities. I very much look forward to continuing my education and discovering the new opportunities and experiences that will arise in the coming years. I plan to continue on a path of academic rigor, and I greatly hope that I will be able to have a positive impact on the people around me.



# THE BEST OF THE CLASS OF 2016

## SUMMA CUM LAUDE

**3.9–4.0 GPA**

Bailey N. Abney  
 Makayla L. Bondy  
 Lauren D. Churley  
 Lauren N. Cichocki  
 Raymond Cieslinski  
 Ashley R. Cotey  
 Elizabeth M. Konopka  
 Allison R. Kowalski  
 Emma P. Nicholson  
 Abigail K. Parrott  
 Brendan S. Parsch  
 Jillian R. Russ  
 Sherin J. Shkoukani  
 Jaclyn M. Steis  
 Isabel R. Vitale  
 Bonnie V. Zablocki

## MAGNA CUM LAUDE

**3.75–3.89 GPA**

Andrew A. Bail  
 Alexis Belfiori

Tristan M. Calamita  
 Elizabeth L. Clark  
 Cade A. Ferguson  
 Cecelia D. Findlay  
 Jessica N. Helfrich  
 Brendan M. Kelley  
 Lauren K. Lampar  
 Robert W. Lindsay  
 Justin R. Logan  
 James D. McCloskey  
 Ashleigh T. McGuire  
 Octavia M. Renke  
 Lea M. Russell  
 Josiah W. Sarakun  
 Allison G. Shields  
 Jeremy T. Short  
 Megan Smith  
 Danielle M. Stelma  
 Emma H. Stumpf  
 Alyssa J. Vodak  
 Mina Wassef  
 Katelyn S. Wilson

Bridgette A. Wolf  
 Grace E. Ziegenfelder

## CUM LAUDE

**3.50–3.74 GPA**

Alexandra R. Alcamo  
 Gabrielle E. Anderson  
 Angelica M. Bacol  
 Alyssa I. Belloli  
 Sarah R. Breaz  
 Alyssa C. Cook  
 Ronald J. Cracchiolo  
 McKayla R. Davey  
 Daniel M. Deim  
 Austin L. Dizotell  
 Emme J. Drouillard Zielinski  
 Karina C. Dunaj  
 Danielle M. Foster  
 Jayson M. Glowe  
 Susara A. Greene  
 Natalie L. Guirguis  
 Alyssa J. N. Harris  
 Emily R. Herbert  
 Alisa Kishta

Jacob D. Klomp  
 Kaitlyn M. LaRue  
 Kaitlyn N. Lipke  
 Justin J. Mandell  
 Dorianne R. Manturuk  
 Callie R. Miron  
 Abigaile J. Moss  
 Katherine M. Nowicki  
 Abigail D. Null  
 Miguel A. Paredes  
 Megan L. Pastrick  
 Kiera M. Richardson  
 Lynsey R. Russell  
 Samantha P. Russo  
 Zachary D. Scurto  
 Nicholas D. Sharpe  
 Javal D. Sheffield  
 Rachel C. Sjolander  
 Katelyn V. Smith  
 Dominic J. Spangler  
 Casey E. Spencer  
 Erin M. Steil  
 Isabel M. Stiltner  
 Calyn A. Sutter  
 Nicole M. Voth  
 Nicole M. Wojcik

## Senior Walk

At the end of their last day as students of Fraser High School, the 335 members of the Class of 2016 turned in their books and iPads and put on their caps and gowns. Led by the marching band, they walked the halls of Fraser High School for a final time to the cheers, hugs and tears of teachers, staff, underclassmen and their families. After the walk, families and the seniors enjoyed cake and ice cream on the north lawn.



# FREE SUMMER MEALS AVAILABLE

Fraser Public Schools is excited to offer "Meet Up and Eat Up," a free summer meal program for children at Fraser High School and McKinley Barrier-Free Park.

Meals will begin on Monday, June 20 and continue Monday – Friday throughout the summer. Fraser High School will offer breakfast from 7:30 – 9:00 a.m. and lunch from 11:00 a.m. – 1:00 p.m. McKinley Barrier-Free Park will offer only lunch from 12:00 – 1:00 p.m.

Anyone under the age of 18 is welcome to enjoy a meal for free. Persons with special needs or disabilities can enjoy a free meal up to age 26. There is no income or residency requirement. Additionally, children do not need to attend Fraser Public Schools to participate. Meals must be consumed on-site, however.

Free meals have been provided in the past at Fraser High School, but this is the first year the District has partnered with the City of Fraser to offer meals at a park.

"No child should ever have to go hungry," said Carrie Morfino, director of food service at FPS. "We wanted to offer meals at McKinley Barrier-Free Park in order to reach more children. When we contacted the City, they were more than happy to partner with us."

Meals will be balanced and healthy. Lunch on the first day will be cheese pizza, fruit, vegetable and milk.

**MEET UP**  
and  
**EAT UP**

## Teachers Deliver Touching Senior Send-Off

A few hours before parents and families packed the halls for the senior walk at Fraser High School, the senior class filled the auditorium one last time. They were greeted by teachers and staff for a few parting words.

Teacher Laura Woods took the stage first, telling students to be people of integrity, no matter the situation.

"You guys are worth so much more than letter grades and test scores," she said to a round of applause and cheers.

Teacher Mike Demetral also spoke to the crowd of more than 300, speaking from notes and from the heart.

"This is going to be a very hard class, for me personally, to lose," he said. "There's hardly a face in the crowd that I won't miss, or look at and see happy memories."



He told the seniors to find their own happiness, and don't be afraid to fail. "Find your calling, not your career," he said.

Finally, Jim Gaziosi took the microphone. "I really want to thank you. Your class is special to me ... you inspired me."

Just before the seniors headed on stage to sign the Class of 2016 banner, he closed with: "Be safe. Be good. Be gone."

## Students of the Year

Beginning in December, outstanding Fraser High School students are named Students of the Year for each department. The students are invited to attend a Board of Education meeting with their families, where a FHS representative shares their accomplishments with the crowd. This year, a total of 20 students were named Students of the Year. Congratulations to all of the students on their hard work.

**Makayla Bondy** – Spanish

**Casey Bresso** – Art, Drawing

**Lauren Cichocki** – Instrumental Music

**Ashley Cotey** – Math

**Stephanie Ellis** – Art, Painting

**Olivia Fleet** – Art, Photography

**Jessica Helfrich** – Family and Consumer Science

**Allison Kowalski** – Physical Education

**Lauren Lampar** – German

**Emma Nicholson** – Science

**Abigail Parrot** – French

**Sherin Shkoukani** – Business

**Rachel Sjolander** – Art, Multicultural

**Katelyn Smith** – Social Studies

**Maya Smith** – Art, Sculpture

**Steven Stine** – Math

**Mina Wassef** – Science

**Connor Williams** – Industrial Technology

**Bridgette Wolf** – English

**Grace Ziegenfelder** – Vocal Music

## Alumni Veterans' Plaque

The Fraser High School Class of 2011 purchased a plaque and established an account to fund engravings to honor alumni veterans. This important gift currently has 112 names on it, with space to hold 88 more. Requirements include that the individual has graduated from FHS and completed boot camp. Alumni who have served can have their names added by sending the following information to [Ingrid.Fryia@fraserk12.org](mailto:Ingrid.Fryia@fraserk12.org).

**FULL NAME ★ GRADUATION CLASS ★ BRANCH OF MILITARY**



# Thank You Volunteers!

On behalf of the students and staff of Fraser Public Schools, we want to thank you for volunteering so generously during the past school year. We know your time is valuable, and your willingness to contribute some of that valuable time to our District shows your commitment to the well-being of your child and all of our students. The contributions you have made throughout the school year have really made a difference in our students' educational experience. As you know, students, staff and parents here at Fraser Public Schools enjoy a warm, caring community that fosters the highest standards of academic, social and emotional growth. The efforts of our volunteers are a vital part of that community. Thank you again, and we look forward to continuing to work with you in the future!



## Student Recognized by County Prosecutor

Dante Jones, a student at Fraser High School, was recognized by Macomb County Prosecutor Eric Smith for his efforts in drug prevention and education through the Fraser Community Action Team (FCAT). Dante was chosen for his outstanding contributions to Teens Talking Truth and other school activities. He received a \$50 gift card and FCAT received a \$500 grant from Prosecutor Smith.

# CONGRATULATIONS TO THE 2016 RETIREES!

Fraser Public Schools would like to thank these individuals for their years of service. The Board of Education also recognized them at a celebration before the regular meeting on June 13. This group of professionals has served Fraser Public Schools for a combined 348 years! We thank you for your years of service and wish you all a happy retirement.

**Patrick Bainbridge**  
**Robert Boyd**  
**Dennis Bruck**  
**Debra Krussman**  
**Janet Macha**

**Paula Paul**  
**Karen Petz**  
**Steven Reid**  
**Edward Skowneski**  
**Susan Stieber DiPace**

**Cheryl Thauvette**  
**Elaine Wagner**  
**Thomas Wagner**



## Eisenhower Teacher Wins Grant

Sarah Newman, a long-term substitute teacher at Eisenhower Elementary, won a \$500 grant from the Meemic Foundation. The grant will be used to purchase resources for Eisenhower's Multi-Tiered Systems of Support (MTSS) Intervention Services.



"Sarah has been an asset during her year here at Ike, and I appreciate her going the extra mile applying for the grant," said Principal Denis Metty.

Ms. Newman was a student teacher at Eisenhower, then became an Intervention Specialist and now serves as a long-term sub.

The Meemic Foundation, based in Auburn Hills, provides grants to educators based in part on their potential to leave a lasting impact on students, along with a demonstrated need and ability for it to be replicated in the future.

## National Junior Honor Society Inductees

The Richards Middle School chapter of the National Junior Honor Society inducted 44 new members on May 25. The 7th-grade students were invited to join NJHS based on the five membership qualities: scholarship, leadership, service, citizenship and character.

The students were called to the stage by principal Huston Julian, signed the member book, and received a membership pin and certificate. Parents packed the cafeteria at RMS to watch the ceremony, which was followed up with punch and dessert.



## High School and Elementary Students Inspire Each Other

Fraser High School art students collaborate with students from Emerson Elementary on several art projects each year. In April, the 3rd-grade students decorated furniture for the Fraser First Booster Club's Art in the Garden silent auction. Most recently, the 4th-grade students came to FHS to work on ceiling tiles that are now on display at Emerson. A week later, 5th-grade students teamed up to paint panels that will be displayed during Clinton Township's Festival of the Senses.



The ceiling tile project started 13 years ago. Elementary art teacher Mrs. Babcock now includes painting tiles into her curriculum.

The high school students are handpicked to participate. They develop the concept for their piece that is appropriate for the 4th- and 5th-grade groups. They also research strategies to teach and manage their time during the painting day. The high school students use their artistic knowledge to teach the elementary students new techniques.

This is the first time Festival of the Senses has accepted panels from younger artists, said Mrs. Susi DiPace, FHS art teacher. She contacted the organizers, who initially declined receiving art from younger artists. But a few weeks later, they called back after seeing the quality of work from Fraser students, and asked for the students to participate.



Each year, both levels of students highly anticipate participating in this project. They are excited from start to finish, but the elementary students are extremely proud once the tiles are placed back into the ceiling.

"As a sophomore, I saw elementary students on the ceiling tile field trip, I knew it was something I wanted to do," said Susara Greene, FHS student.

High school student, Olivia Fleet added, "It made me really happy when one of the students in my group said they didn't want to leave and that this day was the best!"

## RMS BRINGS YOU THE KNIGHTLY NEWS

It can be hard finding students to join new student organizations, but that was not the case with the Newspaper Club at Richards Middle School. When the club was formed at the beginning of the year, 40 students eagerly joined. They work under the leadership of five editors-in-chief, who help edit their peers' work and make sure the online newspaper is ready to publish every month.



The newspaper contains student work, including writing samples, surveys, drawings, photography and more. Throughout the year, the club worked hard to produce eight monthly publications.

To check out the last edition of "The Knightly News" for this year, please visit [www.rmsknightlynews.weebly.com](http://www.rmsknightlynews.weebly.com).



# Disney Students Learning at Their Own Pace

Every trimester, Fraser elementary students participate in lessons from a reading genre unit. In the second and third trimester of 6th grade, Disney students read and were engaged in various activities for the book, "Jason's Gold" and "Ella Enchanted." This year, as part of our District challenge and ItsLearning management system, Mrs. Sara Loveridge decided to instruct Disney's 60 6th graders in a different way. This year, students were able and encouraged to work

at their own pace for the novels. While there was a basic pace suggested for students, those students who were able to move forward were encouraged to do so.

Within ItsLearning, lessons, chapters, reading responses and activities were set in a "move-when-ready model." As students completed activities to a satisfactory expectation by the teacher, the next level of assignments would open so they could move forward. With this learning model, lessons were organized ahead of time and entered into the system with release details. Similar to achieving various levels within a game, students earn the ability to move on to the next chapters and assignments by unlocking the next level.

While there was a weekly classroom pace and expectation Mrs. Loveridge would recommend for the class as a whole, students were encouraged to gather in reading groups to collaborate and work together. Mason states, "It was beneficial because they have a due date, but you have the freedom to do your work within your own space and pace."

Avery mentions, "Depending on the other work assigned that week, I was able to prioritize my time and move ahead when I had the ability."

"Depending on the other work assigned that week, I was able to prioritize my time and move ahead when I had the ability."

**Avery**  
*Disney Elementary Student*

Taylor added, "When you complete an assignment at a satisfactory level, the next assignment would open for you. There was no asking for permission to move on or waiting for the entire class to finish."

Within the assignments and activities, they also tried to vary the activities from standard focus question responses, comprehension and connections. They have been able to add vocabulary work through Spelling City, reading fluency with Reader's Theatre, visualization of the text through art and drawing, and team or student discussions with their peers and the teacher. In this way, they are able to reach all learning modalities of the students at some point within their genre unit.



## Ramblers Win Student Emmy

The Fraser High School Journalism students continue to win awards for their news story "Metal Mettle." The story most recently won the Pillar of Excellence, or Student Emmy, from the Michigan High School Student Television Awards for Excellence.

"These awards are intended to be an incentive for the pursuit of excellence in television production and to focus public attention on outstanding achievements in television produced by high school students," said Jamie Flanagan, Journalism teacher at FHS.

Fraser High School received its award for the entry in the News: General Assignment category. "Metal Mettle" was created by Isabella Crook, Keenan Penn II, and Austin White. It features Shannon Stover in her welding class. The story was created as part of our ongoing relationship with the PBS NewHour Student Reporting Labs.

The award, Pillar of Excellence, has been presented to FHS, and the students involved in the production received certificates. Congratulations to our young producers for achieving excellence.

The winning video can be [viewed here](#).



## Students Win Third Place in Film Festival

Two Fraser High School students won third place in the Meijer Great Choices Film Festival. Mackenzie Tolitsky and Samantha Nook won \$500 for their 30-second Public Service Announcement in the Building Character category. Nearly 400 PSAs were submitted in three categories — Building Character, Celebrating Diversity and Promoting Healthy Living. The field was narrowed down to 60 finalists, with the winners announced June 4. Mackenzie and Samantha's PSA was targeted for students in grades 7 – 12. In September, the PSA, along with the other winning videos, will be distributed to schools across the state to use in their classrooms.





## An Evening of Classical Music

The Fraser Grille was recently filled with classical music performed by the Fraser High School advanced level Piano Studies students, under the direction of Mrs. Karen Hagerty. Students selected a piece to work on throughout the semester and then performed it at this elegant event. At intermission, families and guests enjoyed delicious desserts prepared by the FHS Culinary Department.

"The music was beautiful, and the students showed great talent, poise and confidence. It was a memorable and musical evening," said Ms. Hagerty.

The recital is part of the completion requirements for the advanced Piano Studies class.



# STUDENTS UNITE FOR AUTISM AWARENESS

Autism Teacher Consultant Bridget Murawski wanted to do something that brought awareness to all that the District does to support students with Autism Spectrum Disorders. After talking with a few staff and administrators, it was decided she would organize a giant ribbon of support on the field during 6th-grade field day. More than 450 students from all six elementary schools helped create the ribbon.

Fraser Public Schools has the largest Peer to Peer (P2P) program in Macomb County. Our District P2P programs span from Kindergarten to 12th grade and serve 469 Fraser students: 419 peers and 50 students with Autism Spectrum Disorders. Currently the District serves more than 80 students with ASD DK-12th grade.

"Peer to peer support programs increase opportunities for students with ASD to access general education settings and curriculum," Ms. Murawski said. "Peers model typical academic and social behavior in educational environments throughout the school day and provide support for students with ASD to promote independence and socialization."

The P2P programs benefits not only the students with ASD, but also the peers who gain leadership skills.

## STAY CONNECTED



Become a fan of Fraser Public Schools on Facebook and Twitter to keep up with the latest news and updates.



Don't forget to check out the District's website for a calendar of events at:

[www.Fraser.k12.mi.us](http://www.Fraser.k12.mi.us)







## Opera Singer and Fraser Alum Visits RMS

Aaron Caruso, an international opera singer, performed a few Italian Opera pieces and a few Broadway show tunes for Richards Middle School choir classes on May 18. Mr. Caruso's style is "think Pavarotti meets the Rat-Pack."

The students thought he was the 'coolest person.' His unique and commanding voice with his musical charm really engaged them in the performance! After he performed, he talked to the students about the benefits of being involved in music in school and how it is important in life.

Mr. Caruso attended Fraser Public Schools until his junior year of high school, when he was accepted to the world-renowned Interlochen Arts Academy in Interlochen, Michigan, where he graduated in 1994. He praised and thanked Mr. Pasquale Pascaretti and Mrs. Jackie Cole for their guidance and passion of music when he was in the Fraser High School choir. He studied opera with Maestro Veccia from Rome in both New York and Italy.

In addition, he listened to a few students sing some Italian pieces from their recent Solo and Ensemble event, and he watched the classes dance and perform their music from their spring concert that was held earlier in May. Mr. Caruso is living in the area again after living in New York and traveling for a number of years. He is looking to connect back to the Fraser community, in part by looking to teach private vocal lessons to middle school and high school students.

"This was a very memorable experience for our RMS choir students," said Mr. Mike Perkins, RMS Choir Teacher. "I posted about Mr. Caruso's visit on the Fraser Music Department's Twitter, and a number of my music colleagues from other local school districts sent me text messages saying they were very jealous of this opportunity. Not only to have a guest come in to sing opera to the kids, but because Mr. Caruso has been a well-known performer in our Metro Detroit area for a number of years. Just goes to show that Fraser Public Schools is a special place to be!"



## 3rd-Grade Students Receive Special Invitation

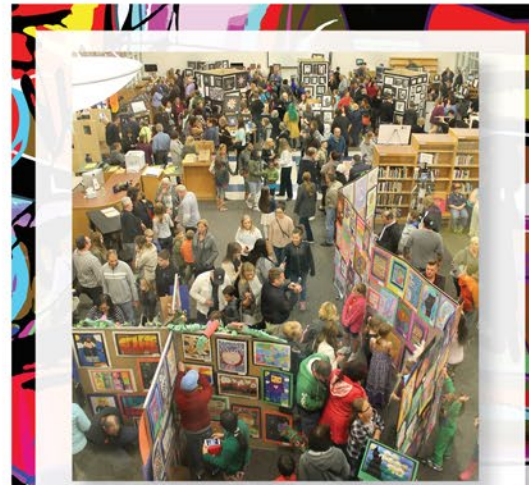


The 3rd-grade social studies curriculum includes a section on Michigan history. As a culminating event, students from Salk Elementary visited Lansing and toured the Michigan Historical Museum and the State Capitol.

During the tour of the Capitol, students received a special invitation from State Senator Steve Bieda to come on to the Senate floor! Most people are not allowed on the Senate floor without being invited.

Sen. Bieda represents District 9, which includes Fraser, Roseville, Clinton Township, Warren, Eastpointe and Centerline. The students were excited to see the Senate chambers and have their picture taken with Sen. Bieda.

The trip was a great way to see firsthand all of the things they have been learning about. "Students loved the trip," commented Karla Zoli, Salk Elementary 3rd-grade teacher.



## K-12 District Art Show Awards

The annual K-12 District Art Show opened to a packed crowd in the Fraser High School Media Center. Students, parents, friends and staff browsed the hundreds of pieces created by students from every grade.

"Just being selected for any show is an honor," said FHS Art Teacher Roger Drabant. "But we wanted to recognize the high school students for their outstanding work."

A panel of alumni and community members judged the high school art, and awards were presented in photography, drawing, painting, sculpture and design. Prizes included sketchbooks, pencil sets and portfolios.

### PHOTOGRAPHY

- Cece Findlay – Honorable Mention
- Kevin Linenger – 3rd Place
- Shelbie Shwall – 2nd Place
- Alisa Kishta – 1st Place

### DRAWING

- Tori Stamper – Honorable Mention
- Lauren Churley – 3rd Place
- Casey Bresso – 2nd Place
- Cordell Gave – 1st Place

### PAINTING

- Sierra Casteel – Honorable Mention
- Lauren Lampar – 3rd Place
- Rachel Sjolander – 2nd Place
- Cordell Gave – 1st Place

### SCULPTURE

- Christian Joseph – Honorable Mention
- Fioralba Palushi – 3rd Place
- Amber Jackson – 2nd Place
- Callie Miron – 1st Place

### DESIGN

- Lincoln Gray – Honorable Mention
- Megan Linenger – 3rd Place
- Amanda Kaiser – 2nd Place
- Alyssa Cook & Halle Gross – Tied for 1st Place





## FHS T3 Members Visit Salk for HEART Presentation

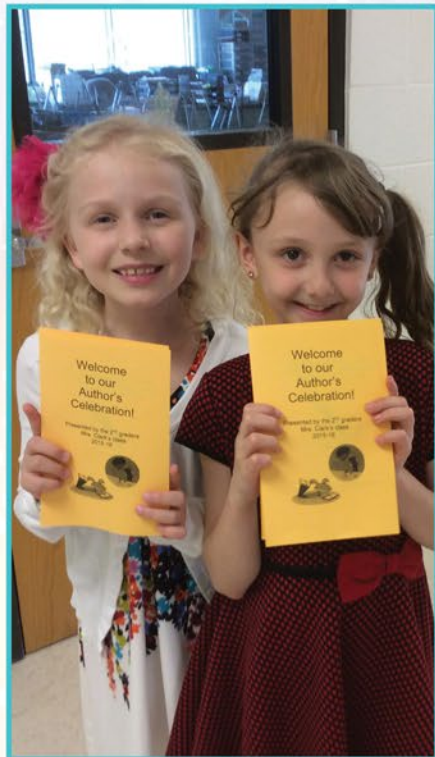
The members of Fraser High School's T3: Teens Talking Truth visited Salk Elementary 3rd-grade students during Mrs. Pokriefka's HEART classes to give a presentation on the dangers of tobacco use. The high school students, led by Mr. Norgrove, worked with representatives from CARE of Southeastern Michigan to prepare for the presentation. CARE is an organization that educates, links and supports individuals, families, businesses and communities affected by family concerns, workplace challenges, mental health conditions and the misuse of alcohol, tobacco and other drugs.



The 3rd-graders learned that there are more than 500 different chemicals found in cigarettes, including arsenic, formaldehyde, acetone and many different pesticides. There was also a jar filled with a tar-like substance so the students could visualize what happens inside the lungs when one smokes. The message was clear — cigarette smoking harms nearly every organ of the body, causes many diseases, and reduces the health of smokers in general. Be Smart ... Don't Start!

## Authors' Celebration

Second-grade students in Mrs. Clark's and Mrs. Lentine's classes at Edison Elementary invited their families to an Authors' Celebration. Using pieces from their writing unit, students began the evening by reading aloud from their favorite selections. Guests were then invited to visit with the authors, get autographs, and learn the inspiration behind each work. Addison L. commented, "I loved reading my German shepherd book out loud and spending time with my friends and teacher. It was fun to sign autographs!"



## FPS Hosts Realtor Breakfast

Fraser Public Schools welcomed more than a dozen local realtors recently at a breakfast and tour of Fraser High School. The realtors, who represented several different agencies in the area, learned about the innovations taking place within FPS. They enjoyed breakfast at the Fraser Grille and heard from Superintendent Dr. Dave Richards, Board of Education Vice President Laura Edghill and Fraser Mayor (and former FPS parent) Joe Nichols.

"Last year, we had several hundred new students move into the District," said Kristin Ledford, director of communications. "It is important to keep our local realtors informed about the changes happening in Fraser, so they can pass the information on to their clients."



Many realtors said that families are specifically asking to see homes in the Fraser area because of the great things they have heard about our District.

After a brief presentation and question-and-answer period, Superintendent Dr. Dave Richards led the realtors on a tour of the high school. They were impressed with the changes and shift toward customized learning for every student. Many realtors commented that they would like to return to school, just to attend FHS!

## All-Star Teacher

The 4th-grade students at Emerson Elementary know their teacher, Ms. Rochell Shall, is an all-star. But now the Detroit television audience knows, too. Ms. Shall was one of Ann Marie's All-Stars, a weekly spotlight on WXYZ-TV of someone in local schools who goes above and beyond.

Ms. Shall's fiancé, Cameron, nominated her for the honor. He said she was working in the business world when she realized she wanted to be a teacher. The same month that she was accepted to Oakland University's teaching program, she found out she had cancer. Despite the diagnosis, Ms. Shall continued studying and became a teacher.

She started team-teaching 4th-grade at Emerson two years ago with Mrs. Lauer.





# TWAIN GOES TO CAMP



Sixth-grade camp has been a tradition for many years at Twain Elementary. This year, students from Mrs. Wirgau’s and Mrs. Warner’s classes left for camp on April 25 for a three-day adventure. At camp, they take classes that relate to their current science unit on ecology, and participate in team building games, activities and adventure/challenge classes.

For most students, the favorite activities are taking a 500-foot-long zip line ride over a pond and challenging themselves on the South Pines course through the trees 25 feet above the ground. Others enjoy climbing a rock wall, taking hikes, studying pond life, dancing and roasting marshmallows.

“The kids take away so many reasons to be proud of themselves and for Mrs. Wirgau and I, our favorite part is to just see the kids being kids, outside of our normal, everyday setting,” said Mrs. Warner. “We have kids come back year after year wanting to tell us they still remember sixth grade camp with happy memories.”

## Students Learn About Sun Safety

During HEART classes at Salk Elementary, students learned about being safe in the sun. A guest speaker from the Karmanos Cancer Institute taught students how to protect themselves from the sun’s UV rays. They learned about wearing a broad-spectrum sunscreen with an SPF of at least 30 (the label may say, “UVA and UVB” protection) and wearing sun-safe clothing and hats while playing outside in the sun. They were also encouraged to take breaks in the shade on hot summer days and to stay hydrated by drinking water before they get thirsty. Salk students are better prepared to enjoy safe fun in the sun this summer!



## Student Organizations Team Up to Help with Special Olympics



More than 50 Fraser High School students from three student organizations volunteered to assist with the Michigan Area 14 Special Olympics. More than 1,400 athletes competed in the event, which was held at Macomb Community College — South Campus.

The 4As, Teens Talking Truth and FCCLA teamed up to support the event. Teachers Sara Kennedy, Steve Norgrove, Sonja Tomovska and Mike Demetral also assisted that day.

Students helped in a variety of events and tasks, doing their part to help make the day a success for the athletes.



## Lawn Chair Band Concert a Musical Hit

The Salk Elementary 5th- and 6th-grade band students treated family and friends to a fantastic outdoor concert on May 26. The audience brought blankets and lawn chairs and set up spots on the playground to sit, enjoy the warm weather and listen to the musical stylings of both bands. Led by Mrs. Huysentruyt and Mr. Martinez, the students played songs from their recent concert. The Richards Middle School Drum Line, led by Mr. Santamaria, made a special guest appearance.



## Fun in the Sun CELEBRATION

Dooley Center’s annual Fun in the Sun celebration, held in May, is for their 4-year-old students moving on to either DK or Kindergarten in the fall. Students had a great time at this all-day outdoor event, participating in activities such as jump rope, beanbag toss, soccer and playing on the playground equipment. In addition, Fort Fraser picnics for both 3- and 4-year-old preschool students and their families were held early in June. The picnics are always an end-of-the-year highlight where families and classmates have fun getting to know each other!





# Social Studies Olympiad Results

Fraser elementary students brought back a variety of medals from the 30th Annual Michigan Social Studies Olympiad, held on May 14 at Martin Luther King, Jr. Senior High School in Detroit.

The Social Studies Olympiad encourages the development of a strong social studies skill set, participatory experience, social and intellectual interactions, and strengthens personal confidence through collaboration and competition, according to the Michigan Council for the Social Studies' website. The event consisted of both on-site events as well as mail-in submissions students completed before the event date.

The students and their parents were also honored at the May 23 Board of Education meeting.



## NATIVE AMERICAN PRESENTER BRINGS LEARNING TO LIFE

Gary Garheeb has been gathering Native American artifacts for years. Edison Elementary recently welcomed him for an in-house field trip for 3rd grade. He shared his knowledge of Native Americans in Michigan with the students who learned about tribes and how they lived, as well as seeing their jewelry and armor.

"When the children go to museums, they are told not to touch; our presenter encourages the children to touch, play and try on the furs, headdresses, jewelry and other materials that he brings. The kids love it and think it's really cool," said 3rd-grade teacher Mrs. Metty.

Students were excited to be hands-on with real Native American artifacts. Mrs. Parenteau and Mrs. Metty's 3rd graders learn about Michigan's history in their Social Studies curriculum and this presentation helped bring all the information to life.



### DISNEY ELEMENTARY

**Aarya Datta**  
Intermediate Historical Monologue, Bronze Medal

**Katelyn Hewitt**  
Poster, Artistic, Bronze Medal

**Miranda Kasinec**  
Historical Monologue, Bronze Medal

**Jade McGuffey**  
Poster, Artistic, Bronze Medal

**Owen Hamilton**  
Historical Monologue, Gold Medal

**Sarah Green**  
Quiltathon, Honorable Mention

**Mona Hrnjic**  
Poster, Artistic, Honorable Mention

**Christian Cannon**  
Historical Newscast, Silver Medal

**Samantha Filip**  
Historical Newscast, Silver Medal

**Emma Gokovic**  
Historical Newscast, Silver Medal

**Olivea Henderson**  
Historical Newscast, Silver Medal

**Daniel Hodge**  
Historical Newscast, Silver Medal

**Aubree Miller**  
Historical Newscast, Silver Medal

**Endiya Roberts**  
Historical Newscast, Silver Medal

**Lani Shrum**  
Historical Newscast, Silver Medal

**Lauren Spencer**  
Historical Newscast, Silver Medal

**Ethan Squires**  
Historical Newscast, Silver Medal

**Andrew Thomson**  
Historical Newscast, Silver Medal

**Alexis Thornton**  
Historical Newscast, Silver Medal

### EDISON ELEMENTARY

**Aniyah Bennett**  
Marathon, Gold Medal

**Nicholas Borkowski**  
Marathon, Gold Medal

**Kayla Fournier**  
Marathon, Gold Medal

**Taylor Frazier**  
Primary Document Journal, Gold Medal

**Taylor Frazier**  
Quiz Bowl, Gold Medal

**Corey Harris**  
Marathon, Gold Medal

**Maria Lulgjuraj**  
Quiz Bowl, Gold Medal

**Leonardo Meatte**  
Marathon, Gold Medal

**Emily Plouff**  
Marathon, Gold Medal

**Cristiano Ruhl**  
Quiz Bowl, Gold Medal

**Mia Sape**  
Marathon, Gold Medal

**Kirk Wohlfield**  
Quiz Bowl, Gold Medal

**Taylor Frazier**  
Quiltathon, Silver Medal

### EMERSON ELEMENTARY

**Zaida Kong**  
Poster, Collage, Bronze Medal

**Dakota Papciak**  
Poster, Collage, Bronze Medal

**Elijah Gordon Guzick**  
Poster, Collage, Gold Medal

**Heather McMenamin**  
Poster, Storyboard, Silver Medal

### SALK ELEMENTARY

**Avery Sikorski**  
Poster, Storyboard, Bronze Medal

**Morgan Lockhart**  
Poster, Artistic, Gold Medal

**Lance Martoni**  
Poster, Collage, Silver Medal

### TWAIN ELEMENTARY

**Valerie Dunkle**  
Take a Stand Essay, Bronze Medal





## Silent Dismissal at Emerson

The end of the school day leading into a three-day weekend may usually mean cheers and loud noises from students, but at Emerson Elementary, dismissal before the Memorial Day weekend was quiet and somber. The annual tradition of silent dismissal at Emerson reminds students of the meaning behind the holiday and gives students, parents and teachers a moment to reflect on the sacrifices made by servicemen and women, both past and present. High school trumpeter Nataniel Zook played "Taps" while the flag was lowered.



## Zoo to You

Eisenhower kindergarten students were treated to a special "Zoo to You" event on May 18. They had been working on a Living Things unit during their science class so Donnie from Lou's Pet Shop designed a presentation that supported the unit. He brought in Frank the turtle, who roamed around the gym throughout the presentation; a 25-pound rabbit; a hedgehog; a tarantula; small and large pythons; Georgia, a talking bird; and a komodo dragon. The students are able to touch and observe the way the animals look and feel, as well as see the different ways they move and get around.

Donnie taught the kids about where the animals live and what they eat. They participated in a science experiment with a large can that shot out smoke rings as Donnie explained how birds fly.

"The kindergartners love being able to see and touch all of these wonderful animals, and it really added to our science unit, since they can discuss and connect what they observed," said Mrs. Telegadas, one of Eisenhower's kindergarten teachers.

Frank, the 18-year-old turtle, was the students' favorite and they were sent home with a QR code they could scan with their family to see a live video stream from the store in Grosse Pointe. Kindergarten student Elektra Qarana exclaimed, "I never saw a snake or tarantula before and I can't believe they were in my school!"

"The kindergartners love being able to see and touch all of these wonderful animals, and it really added to our science unit, since they can discuss and connect what they observed."

**Mrs. Telegadas,**  
*Eisenhower's Kindergarten Teacher*



## Grounds Crew Helps to Spruce Up Salk Elementary

More than 900 flowers are now decorating planter boxes, hanging baskets and small pots around Salk Elementary thanks to the Grounds Crew. The school club organized and ran the annual Green Day event in May.

In addition to the flowers, the wood chips were raked and general cleaning was done on school grounds. Mr. Kerry Hitchings led the crew and Ms. Deneweth got all the beautiful flowers to Salk for planting. The Salk Grounds Crew students did a great job keeping the day's activities running smoothly and worked hard at keeping Salk looking good year round.



## Stay Active this Summer!



**CLICK HERE TO DOWNLOAD**





## Local Business Rewards Students

Pete Milijac, owner of Classic Family Grill in Fraser, had an idea to encourage Fraser elementary students to never stop learning. Earlier this year, he reached out to the principals at all six elementary schools and proposed his plan: raffle off a bike to one student at each school as a reward for working hard and improving during the spring months.

Each principal chose how to incorporate the bike giveaway into programs they were already doing. Several used students of the month and one tied it to the top readers from a reading competition among students. Every teacher chose two students who had shown improvement and dedication to learning, even with the school year winding down.

Pete said he never had a bike while growing up in Kosovo. He added that school was not fun for him. So he wanted to give back and make sure that students in Fraser didn't feel the same way.

On Monday, May 23, it was time to present the bikes. Pete stopped at Salk, Disney and Twain elementary schools. Tuesday he was back at Edison, Eisenhower and Emerson elementary schools. Overall, four girls and two boys took home brand new bikes. Their teachers also won gift certificates to Classic Family Grill.

### THE WINNERS

- 1 Disney Elementary**  
Veronica Birmingham, 4th Grade
- 2 Salk Elementary**  
Abby Gooden, 1st Grade
- 3 Edison Elementary**  
Natalie Lentine, 3rd Grade
- 4 Eisenhower Elementary**  
Jacob Kelley, 6th Grade
- 5 Emerson Elementary**  
Trevor Motto, 1st Grade
- 6 Twain Elementary**  
Allie Septer, Kindergarten



## WHO SAYS YOU CAN'T COME HOME?

These 2012 Fraser High School graduates came back to FHS recently to celebrate their 2016 graduation from a variety of colleges! Pictured in the photo (not in order) are:

- |   |  |
|---|--|
| <b>Emily Kilcline</b><br>Michigan State University (May 2016)           | <b>Sommer MacMillan</b><br>Maximo Community College (May 2016) |
| <b>Melissa Mertz</b><br>Grand Valley State University (May 2016)        | <b>Heather Klein</b><br>Oakland University (December 2016)     |
| <b>Sarah Kijek</b><br>Oakland University (December 2016)                | <b>Gaby Avila</b><br>Butler University (May 2016)              |
| <b>Shannon Doran</b><br>Saginaw Valley State University (December 2016) | <b>Jackie Peraino</b><br>University of Michigan (May 2016)     |
| <b>Dema Iskander</b><br>Oakland University (May 2016)                   | <b>Amanda Fodera</b><br>University of Michigan (May 2016)      |

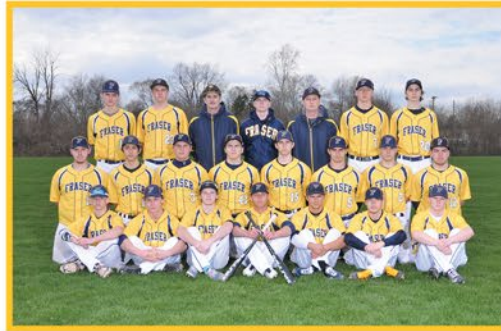


# Summer Sports

S U M M A R I E S 2 0 1 6

## Boys' Baseball

The 2016 Fraser varsity baseball team finished with a 19-13 record. This year's team had 14 new members after losing 11 seniors to graduation in 2015. The team was able to repeat as MAC Gold Champs with a 10-5 league record. The back-to-back championships are a first for Fraser baseball since entering the Macomb Athletic Conference. The team again advanced to the regional finals with a 4-0 win over Cousino before losing to De La Salle in the finals. The team improved a great deal through the season. They had a nine-game winning streak that led to the league co-championship and played very well in district play.



## Girls' Softball

The softball team finished the spring season with a 21-10 overall record, and 4th in the MAC Blue with a 6-6 record. Alexis Belfiori broke the school record for career home runs with eight, and the season RBI record with 39. Alexis and Casey Spencer also made the All League team, with Kirstyn Maluchnik and Kasey Karol making the honorable mention all league. The team will lose four seniors to graduation: Alexis Belfiori, Casey Spencer, Chayse Anderer and McKayla Davey. Casey will continue her softball career at the collegiate level, playing for Macomb Community College in the fall.



## Boys' Golf

Boys' golf had another great season this year, qualifying as a team, or qualifying an individual player for regionals for the tenth year in a row. Although the eight-year team streak ended last year, we are still having individuals qualify each year — which speaks volumes to the depth of our program. The varsity team had a disappointing year as far as overall record goes (2-8), however we will have five of our six players back, with a very promising group of players from our highly dominant JV team. The team's future

is looking brighter than ever. Our captain and MVP Adam Culver will return for his senior season, with four of our six varsity players only sophomores and juniors. Speaking of bright, our players received many academic honors. Our entire varsity golf team was MAC All-Academic this season. Overall the season was a great success. We saw so much improvement in all of our boys and each one of them is eager to get back to playing again next year!



## Girls' Soccer

The entire team was named All Academic All State for having an average player GPA of 3.34. In addition, four seniors made the Academic All-State team for having a 3.5 or higher GPA. They were Abby Moss, Gabby Anderson, Danielle Foster and Allison Kowalski. The team went 12-7-5 overall this season. The team was plagued with injuries, but still went to the Petoskey Invitational and won for the third time in the last four years. Four-year starter Tyler Ledford tied the all-time FHS record for starting in 89 games, and Abbi Fillar started in 87. Tyler will go on to play soccer at Waldorf University in Iowa this fall.

## Girls' Tennis

The girls' tennis team repeated as MAC Blue champs this season, going 3-0-2 in the league and 8-0-2 in the last two years. The girls finished this season with a 5-3-2 mark. More impressive than the girls' winning ways is the outstanding academic performance with a team GPA of 3.55. This year, four girls earned All-County Honors as junior Amanda Melo earned 1st team recognition, while Barbara Clark, Emily Solecki and Noel Bielski earned Dream Team honors as some of the best players in all of Macomb County.







**MONDAY, AUGUST 8, 2016**  
**SHOTGUN START AT 9 A.M.**



**GOWANIE GOLF CLUB**  
**M T . C L E M E N S , M I**

*Proceeds will benefit the Fraser Public Schools Athletic Scholarship Program*

The golf format will be a four-person scramble. Please feel free to create your own team, and, if possible, send one registration form with complete payment, or **click here** to register online. The outing will take place at Gowanie Golf Club, a private course in Mt. Clemens. For more information, please call or email Kristin Ledford at 586.439.7007 or **Kristin.Ledford@fraserk12.org**.

## ENTRY FEES

**\$110** – Includes golf, cart, souvenir, lunch at the turn, beverage ticket on the course, and a dinner banquet after golfing.

**\$30** – Dinner banquet only.

*\* Space is limited to 144 golfers.  
 Please register early.*

## SPONSOR OPPORTUNITIES

For more information, please contact Kristin Ledford at **Kristin.Ledford@fraserk12.org**.

## ENTRY FORM

*If paying by check, complete form and mail to the address below. Or, **click here** to register and pay online.*

Captain	Address	Phone	Alumnus (Year)/Staff/Parent
Player 2	Address	Phone	Alumnus (Year)/Staff/Parent
Player 3	Address	Phone	Alumnus (Year)/Staff/Parent
Player 4	Address	Phone	Alumnus (Year)/Staff/Parent

*Mail form and entry fee to: Fraser Public Schools, Attn: Kristin Ledford, 33466 Garfield Rd., Fraser, MI 48026*





Families Against Narcotics  
Your **connection** for information, resources, and support.



# 5K WALK & 5K/10K RUN Saturday, July 16, 2016

## Fraser High School 34270 Garfield, Fraser

All proceeds benefit our continuing efforts to educate communities throughout Michigan on the epidemic of prescription painkiller addiction and its potential to lead some to heroin use. FAN is a 501(c)3 organization, #26-2302028.

### EVENT DETAILS:

8 am Walk-up Registration | 9 am Start  
Chip Timing by Everal Race Management  
Rain or Shine - No Refunds.

**\$25 - Adults 18+ paid before 6/15/16 | \$40 after 6/15/16**  
\$15 - Students under 25 and Seniors over 62  
Entry must be received by 6/15/16 to guarantee a t-shirt.

Awards for Top Placements  
Medals for all Runners

**NEW LOCATION for Early Packet Pick-up!** Avoid the lines on race day and pick-up your packet on the football field at **Fraser High School** from 4:00-8:00pm on Friday, July 15, 2016. Walk-up registration will also be available.

**Register at [www.familiesagainstnarcotics.org](http://www.familiesagainstnarcotics.org) or return form below.**



Make checks payable to: Families Against Narcotics.

Mail to: FAN 33000 Garfield Road, Fraser, MI 48026.

**Event (circle):** 5K Run 10K Run 5K Walk

**T-Shirt (circle):** Youth: M L Adult: S M L XL XXL XXXL

Name: \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_

Gender (check one): Male: \_\_\_\_\_ Female: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Team Name (if applicable): \_\_\_\_\_

WAIVER: In consideration of acceptance of my entry I, for myself, my executors, administrators and attendees do hereby release and discharge Families Against Narcotics, all sponsors, organizations, supporters and spectators for all claims, damages, demands, actions, whatsoever in any manner arising from my participation in said event. I attest and verify that I have full knowledge of the risks involved in this event. I am physically fit and have my personal physician's approval to participate. Further, I hereby grant permission to any and all of the foregoing to use my photograph, videotape, motion picture, or record of my participation in this event.

X \_\_\_\_\_

Date: \_\_\_\_\_

Signature of participant, or parent/guardian if under 18 years of age